ISITTHE FLU?

Look for the F.A.C.T.S.

Call your doctor right away if you start feeling these symptoms

- FEVER

- ACHES

- CHILLS

- TIREDNESS

- **S**UDDEN ONSET

Treat the flu

- Prescription flu medicines can help stop the virus from spreading and shorten the time you are sick
- Call your doctor right away if you start feeling these symptoms

Help prevent the flu

- Get a flu shot
- Stop germs by washing your hands often and covering your mouth when sneezing/coughing
- Ask your doctor about prescription flu medicines to help prevent the flu if you've been exposed



